2022 PHOENIX WINTER INVITATIONAL

February $18^{th} - 21^{st} - 2022$

HELD UNDER SANCTION OF USA SWIMMING, INC.

Sanctioned By: Arizona Swimming Sanction No. AZ22-14

Liability: In granting this sanction it is understood and agreed that USA Swimming, Inc., Arizona Swimming, Inc.,

Phoenix Swim Club, BEST Swim Club, Inc., Phoenix Country Day School, and all meet officials shall be held harmless from any and all liabilities or claims for damages arising by reason of injuries to anyone

during the conduct of this meet, which includes the warm-up sessions.

COVID-19 WARNING & ASSUMPTION OF RISK

An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.

USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING ARIZONA SWIMMING, INC., AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION THEREWITH.

Host Club & Location: Phoenix Swim Club 3901 E. Stanford Drive, Paradise Valley, AZ 85253

Meet Director: Sandy Lee 602-468-0319 <u>slee@phoenixswimclub.org</u>

Meet Referee: Art Gramer 602-358-9755 artgramer@cox.net

Course: One Eight lane and one ten lane, outdoor 25 yard pools with non-turbulent lane dividers. A Colorado

automatic timing system will be used. A separate warm-up pool will be available throughout the meet.

PHOENIX SWIM CLUB has taken enhanced health and safety measures – for all swimmers, coaches and officials. No spectators will be allowed. You must follow all posted instructions while visiting PCDS Aquatic Center. An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and those with underlying medical conditions are especially vulnerable. By visiting the PCDS Aquatic Center, you voluntarily assume all risks related to exposure to COVID-19.

COVID-19 Policies and Procedures:

Phoenix Swim Club will be following guidelines established by the CDC, USA Swimming, Arizona Department of Health Services (AZDHS) and all other local and community guidelines as provided when this swim meet occurs.

Rules Governing Sanctioned Meets

- 1. Age on the first day the meet will govern for the entire meet.
- 2. Conduct of the sanctioned event shall conform in every respect to current rules of USA Swimming including technical and administrative rules and the Minor Athlete Abuse Prevention Policy ("MAAPP").
- 3. Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.
- 4. The competition course has been certified in accordance with 104.2.2C(4) as to pool length. A copy of such certification is on file with USA Swimming.
- 5. The minimum water depth, measured in accordance with Article 103.2.3, is 7 feet, at the start end and 7 feet at the turn end.
- 6. Deck changes are prohibited.
- 7. The Arizona Swimming Controlled Meet Warm-up and Safety Guidelines will be posted and enforced.
- 8. No swimmer will be permitted to compete unless the swimmer is a member of USA Swimming. On deck registration is not available at any Arizona Swimming meet.
- 9. The use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, restrooms, locker rooms or other areas as may be designated by the Meet Director/Meet Referee.
- 10. All referees, starters, administrative officials, chief judges, and stroke and turn judges serving in an official capacity in a sanctioned event must be non-athlete members of USA Swimming or members of other FINA member organizations. All meet directors for meets sanctioned by USA Swimming must be members of USA Swimming. Except for coaches accompanying athletes participating under the provisions of 202.9 or USA Swimming's "open border" policy, all persons acting in any coaching capacity in a sanctioned event must be a coach member of USA Swimming.
- 11. Officials and Meet Marshals must sign in and present proof of current membership and/or training respectively, to the Meet Referee prior to the start of each session of competition. If requested, Arizona Officials and Meet Marshals must present their AZSI issued Picture ID's to the Meet Referee
- 12. Coaches must sign in and present proof of current membership at the Clerk of Course prior to the start of each session of competition. If requested, Arizona Coaches must present their AZSI issued Picture ID's to the Clerk of Course. Deck Pass will be accepted as proof of current membership with an accompanying photo ID.
- 13. All Officials, Coaches and Meet Marshals shall display their valid Arizona Swimming Picture ID badge in a visible manner at all times. Meet Marshals shall wear their identifying vests.
- 14. Swimmers with a disability are welcome. The Swimmer (or swimmers' coach) is responsible for notifying the Referee, prior to the competition, of any disability of the swimmer and of the requested modification. The swimmer/coach shall provide any assistant(s) or equipment (tappers, deck mats, etc.) if required.
- 15. Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open-ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

Eligibility & Rules:

- 1. Open to all USA Swimming registered athletes, holding a current and valid USA Swimming card as of the meet entry deadline.
- 2. Swimmers age on February 18, 2022, will govern for this meet.
- 3. This is an ABC standard, prelim final meet. In all prelim/final events, there will be a Consolation and Championship Final. The order of the finals heats will be Consolation Final, followed by the Championship Final. Finals will be the top 10 swimmers in 10 & Under age group, and top 20 in 11-12, 13-14 and 15 & Over age groups.
- 4. Swimmers may enter no more than 3 individual events per day, including time trials, and no more than 10 events for the meet, excluding time trials. If an entrant has more than 10 events for the meet, or greater than 3 events for a day, the highest numbered event will be dropped until the entry limits have been met.
- 5. This meet is limited to 800 athletes.
- 6. Time trials will be offered at the conclusion of the preliminary sessions at the sole discretion of the Meet Referee. Time trials do not count against the meet limit of 10 events, but do count towards the limit of 3 events per day. Swimmers must be entered in an individual event in the meet in order to be eligible to participate in time trials. The USA Swimming protocol will be used for time trial event

- order. The deadline for time trial entries will be decided by the Meet Referee, announced and posted with the Clerk of Course.
- 7. Scratch Rules in effect: Finals- any swimmer qualifying for a Consolation or Championship Final who fails to compete (No Show in either the Consolation or Championship race) will be barred from the rest of the session's events, and disqualified from their next individual event in the competition, whether a timed final or preliminary event. There is no penalty for athletes who do not check in for a timed final event. They will be scratched. Positive Check-in: However, failure to compete in a positive check-in event for which the swimmer has checked-in will result in being barred from the next individual event in which the athlete is entered.
- 8. Entry times will be accepted in SCY, SCM and LCM, and will be seeded in that order. No converted times may be used for entry purposes.
- 9. All relays are timed final events with the 10 fastest seeded relays swimming in finals.
- 10. Distance Events:
 - a. The 500 Free, 1650 Free and 400 IM are timed final events. They will require positive check-in with the Clerk of Course to compete. Deadline for check-in is 30 minutes after the start of warm-ups on Friday, Saturday and Sunday. Swimmers must provide their own timers and counter personnel.
 - b. Events #1 & #2 11-12 500 Free: Entries will be limited to the fastest 24 girls and fastest 24 boys, as posted in the final psych sheet. They will be swum fastest to slowest.
 - c. Events #3 & #4 11 & Over 1650 Free: Entries will be limited to the fastest 24 girls and the fastest 24 boys, as posted in the final psych sheet. They will be swum fastest to slowest.
 - d. Events #51 & #52 13 & Over 500 Free: Entries will be limited to the fastest 32 girls and the fastest 32 boys, as posted in the final psych sheet. They will be swum fastest to slowest.
 - e. Events #57 & #58 13 & Over 400 IM: Entries will be limited to the fastest 32 girls and the fastest 32 boys, as posted in the final psych sheet. They will be swum fastest to slowest.

Sessions:	Friday		Warm-up 3:30 pm	Meet Start 4:15 pm
	Saturday & Sunday	Prelims:	Warm-up (12 & Unders)	7:30 a.m.
			Warm-up (13 & Overs)	8:00 a.m.
			Coaches' Meeting	8:30 a.m.
			Meet Start	8:45 a.m.
		Finals:	Warm-up	4:00 pm
			Meet Start	5:00 pm
	Monday	Prelims:	Warm-up (12 & Unders)	7:30 a.m.
			Warm-up (13 & Overs)	8:00 a.m.
			Meet Start	8:45 a.m.
		Finals:	Warm-up	2:45 p.m.
			Meet Start	3·30 n m

Entries:

All entries must be submitted via email in Hy-tek or comparable format. Late entries will be accepted on a lane available basis at the discretion of the meet director/meet referee. Meet entries will be due by midnight **Friday**,

February 11, 2022. E-Mail: slee@phoenixswimclub.org

Entry Fees: \$8.00 LSC surcharge \$7.50 per individual event Relays \$15.00

Entry fees are due by the start of the first session. Make checks payable to **Phoenix Swim Club.**

Awards: Ribbons for 1st through 8th place in each individual event. Trophies will be awarded for high point (All ages) and team awards (Top 3 teams). AB certificates will be given based on the AZ Swimming ABC standards to swimmers in the 10 & under, 11-12, and 13-14 age groups.

Concessions: A snack bar may be available during the meet.

Hotels: Hotel information will be available on the Phoenix Swim Club website at www.phoenixswimclub.org

Friday, February 18th, 2022

Warm-up 3:30 PM

Meet Start 4:15 PM

Female	Event	Male
1	11-12 500 Free	2
3	11&O 1650 Free	4

^{*}These are timed final events limited to the fastest 24 swimmers (girls and boys) in the 500 free and 24 swimmers (girls and boys) in the 1650 free. They will be swim fast to slow. Swimmers must positively check in for this event by 4:00 pm and must provide their own timing and counting personnel.

Saturday, February 19th, 2022

Prelims Warm-up 7:30 AM Meet Start 8:45AM Finals Warm-up 4:00 PM Meet Start 5:00 PM

Female	Event	Male
5	10&U 200 Free Relay*	6
7	11-12 200 Free Relay*	8
9	13&O 200 IM	10
11	10&U 100 Free	12
13	11-12 100 Free	14
15	13&O 100 Free	16
17	10&U 50 Breast	18
19	11-12 50 Breast	20
21	13&O 200 Back	22
23	10&U 100 Fly	24
25	11-12 100 Fly	26
27	13&O 100 Fly	28

^{*}Relays are timed finals and the top 10 seeded relays for each age group will be swum in finals. All other relays will be swum in the morning session.

Sunday, February 20th, 2022

Warm-up 7:30 AM Meet Start 8:45AM Finals Warm-up 4:00 PM Meet Start 5:00 PM

Female	Event	Male
29	10&U 200 Medley Relay*	30
31	11-12 200 Medley Relay*	32
33	10&U 200 Free	34
35	11-12 200 Free	36
37	13&O 200 Breast	38
39	10&U 50 Fly	40
41	11-12 50 Fly	42
43	13&O 200 Fly	44
45	10&U100 Back	46
47	11-12 100 Back	48
49	13&O 50 Free	50
51	13&O 500 Free**	52

^{*}Relays are timed finals and the fastest 10 seeded relays for each age group will be swum in finals. All other relays will be swum in the morning session.

^{**}This is a timed final event that is limited to the fastest 32 girls and the fastest 32 boys, swimming fastest to slowest, with the fastest 10 girls and 10 boys swimming in finals. All others will be swimming in prelims. Swimmers must positively check in for the 500 free by 8:00 a.m. on Sunday and must provide their own timing and counting personnel.

Monday, February ^{21st}, 2022 Prelims Warm-up 7:30 AM Meet S Meet Start 8:45AM Finals Warm-up 2:45PM Meet Start 3:30 PM

Female	Event	Male
53	10&U 200 IM	54
55	11-12 200 IM	56
57	13&O 400 IM**	58
59	10&U 50 Free	60
61	11-12 50 Free	62
63	13&O 200 Free	64
65	10&U 100 Breast	66
67	11-12 100 Breast	68
69	13&O 100 Breast	70
71	10&U 50 Back	72
73	11-12 50 Back	74
75	13&O 100 Back	76

^{**}This is a timed final event that is limited to the fastest 32 girls and the fastest 32 boys and will be swum fastest to slowest with the fastest 10 seeded swimmers in each age group swimming in finals. All others will be swum during prelims. Swimmers must positively check in for this event by 8:00 a.m. on Monday.